

EPISODE 368

Talking with the Nurse

Full transcript · point of view · vocabulary review

Welcome back! This is the third episode in our 4-part series about going to the doctor.

So far, we practiced how to make an appointment and how to check in at the clinic. Today, we'll continue with the next step: **talking** with the **nurse**.

Usually, before you see the **doctor**, a **nurse** will ask you a few questions about your health. The **nurse** may also take your temperature, check your **blood pressure**, and write notes for the **doctor**.

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Useful Vocabulary and Expressions

Here are some common questions and phrases you might hear from the nurse:

"What brings you in today?" (meaning: Why are you here?)

"How long have you had these symptoms?"

"Do you have any allergies?"

"Are you taking any **medication**?"

"Do you smoke or drink alcohol?"

"Please **step on the scale**." (to measure weight)

"I will take your blood pressure."

"Please **roll up your sleeve**."

And here are some answers you might use:

"I've had a cough for three days."

"I'm allergic to **penicillin**."

"I take vitamins every morning."

"I don't smoke, but I drink coffee every day."

Realistic Examples

Example 1 – Routine Questions

Nurse: "Good morning. What brings you in today?"

Patient: "I've been feeling dizzy for a week."

Nurse: "Do you have any allergies?"

Patient: "Yes, I'm allergic to peanuts."

Example 2 – Taking Vitals

Nurse: "Please step on the scale."

Patient: "Sure."

Nurse: "Now, I will take your blood pressure. Please roll up your sleeve."

Patient: "Okay."

Example 3 – Symptoms

Nurse: "How long have you had this pain?"

Patient: "It started yesterday afternoon."

Nurse: "Does anything make it better or worse?"

Patient: "It gets worse when I eat."

Extra Vocabulary

Symptoms → the signs of illness you feel in your body (fever, cough, pain).

Medication → medicine prescribed by a **doctor**.

Allergies → reactions to things like food, pollen, or medicine.

Vitals → basic health measurements (temperature, blood pressure, pulse, weight).

Now, let's practice.

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POV

POINT OF VIEW

Past & Future

Notice how the verbs, pronouns, and time perspective change naturally.

First version

Past Tense - First Person

Hi, I'm Jake. Yesterday, I went to the clinic for my appointment and sat in the waiting room.

After a few minutes, the nurse called my name.

She asked me to follow her into a small room.

I sat down, and she asked me a few questions.

She asked what brought me in that day.

I said that I had a **sore throat** and a fever.

The nurse asked how long I had these symptoms.

I said that they started three days earlier.

She wrote everything down very carefully.

Then she asked if I had any allergies.

I said that I was allergic to penicillin.

She nodded and wrote that down too.

Next, she took my temperature and checked my blood pressure.

She said that my temperature was a little high, but my blood pressure was normal.

Before leaving the room, she smiled and said, "Try not to get worse while you wait."

I smiled politely and waited for the doctor.

Second version

Present Tense - Third Person Plural

They go to the clinic for their appointment and sit in the waiting room.

After a few minutes, the nurse calls their name.

She asks them to follow her into a small room.

They sit down, and she asks them a few questions.

She asks what brings them in that day.

They say that they have a sore throat and a fever.

The nurse asks how long they have these symptoms.

They say that they started three days earlier.

She writes everything down very carefully.

Then she asks if they have any allergies.

They say that they are allergic to penicillin.

She nods and writes that down too.

Next, she takes their temperature and checks their blood pressure.

She says that their temperature is a little high, but their blood pressure is normal.

Before leaving the room, she smiles and says, "Try not to get worse while you wait."

They smile politely and wait for the doctor.

Third version

Future Tense - Jake

Jake will go to the clinic for his appointment and will sit in the waiting room.

After a few minutes, the nurse will call his name.

She will ask him to follow her into a small room.

He will sit down, and she will ask him a few questions.

She will ask what brings him in that day.

He will say that he has a sore throat and a fever.

The nurse will ask how long he has had these symptoms.

He will say that they started three days earlier.

She will write everything down very carefully.

Then she will ask if he has any allergies.

He will say that he is allergic to penicillin.

She will nod and write that down too.

Next, she will take his temperature and check his blood pressure.

She will say that his temperature is a little high, but his blood pressure is normal.

Before leaving the room, she will smile and say, "Try not to get worse while you wait."

Jake will smile politely and wait for the doctor.

Thanks for listening, and I'll see you in the next episode.

Review

Vocabulary from This Episode

Review the most useful words and expressions before listening again.

01 01 • symptom a physical sign that may indicate an illness.	05 05 • step on the scale stand on a device so your weight can be measured.
02 02 • allergy a harmful reaction to a substance.	06 06 • roll up your sleeve move a sleeve upward to expose your arm.
03 03 • medication a drug used to treat or prevent illness.	07 07 • sore throat pain or irritation in the throat.
04 04 • blood pressure the force of blood moving through the body.	08 08 • penicillin an antibiotic used to treat some infections.

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