EPISODE 164

Types of Doctors — Part 2

Full transcript · mini-story · vocabulary review

Hi, everybody! I am Georgiana, your English teacher and founder of SpeakEnglishPodcast.com. My mission is to help you speak English fluently.

Ok, let's start!

Last week we started talking about the **different types** of **doctors** in English. We saw that a general practitioner or family doctor treats common health problems.

We also learned that an optometrist is an eye doctor and that a dentist treats teeth and gums' problems.

Now let's continue learning the **different types** of **doctors** in English.

1) When we have skin, hair, or nail-related problems, we visit a **dermatologist**. If you have nasty red rashes on your body, quickly make an **appointment** with a dermatologist. So a dermatologist is a doctor who treats problems related to skin, nails, and hair.

Nowadays, more and more people choose to see a dermatologist whenever they have a skin condition such as acne, sensitive skin, a rash, etc.

It is always better to trust a **specialist** and not to experiment on our skin.

2) If you have children, you should take them to a **pediatrician**. A pediatrician's office is always very colorful and a very child-friendly environment. Therefore, pediatricians are physicians who take care of infants, toddlers, children, and teenagers.

3) What if you have a broken heart? Do you make an appointment to see a cardiologist? Unfortunately, a cardiologist can't fix your broken heart. But they will cure any cardiovascular disease. A cardiologist is a heart doctor.

4) And if you have an accident, you must see an orthopedic **surgeon**. An orthopedic surgeon deals with the skeletal system. Any broken leg or broken bone or anything that's wrong with your skeletal system, an orthopedic surgeon is going to fix it for you.

As people get older, they have many problems in their knees or their hands or even arthritis. So all of these things are taken care of by an orthopedic surgeon.

5) If you are a woman, you need to see a doctor who focuses on the female reproductive organs from time to time. We call this type of doctor a gynecologist.

There is also the obstetrician who works in a particular area of gynecology that focuses on childbirth.

6) What if you are a man? Do you also go to see a gynecologist?

No. No. Only women go to a gynecologist.

Men should see a urologist. A urologist is a doctor who deals with urinary tract infections or urinary problems. A urologist deals with the male reproductive system or male reproductive organs.

So if you have any problems with the urinary tract or the male reproductive system, you see a urologist.

7) There is another type of doctor called a neurologist. A neurologist is

a doctor who studies and treats diseases of the nerves.

While the doctor who performs surgery on the human brain is called a neurosurgeon.

So a neurologist is a doctor who deals with any nerve-related problem. But if you have brain surgery, you go to a neurosurgeon.

Well, these are the **types** of **doctors** or physicians we have here. There are a large number of doctors, so I've picked the most common ones.

Let's go over the types of doctors that I have mentioned throughout the last two episodes.

Cardiologist

A cardiologist is a heart doctor.

Dentist

A doctor who treats teeth and gum related issues. Dermatologist

A doctor who treats any skin, hair, and nails related issues.

General practitioner or family doctor

A physician who treats common health issues.

Gynecologist / Obstetrician

Gynecologist works with the female reproductive system. And an obstetrician works in a particular gynecology area that focuses on childbirth.

Neurologist – neurosurgeon

A neurologist is a doctor who treats diseases of the nerves.

But if you have brain surgery, you go to a neurosurgeon.

Optometrist

An eye doctor, for any eye-related issues, we see an optometrist.

Orthopedic surgeon

A doctor who treats the skeletal system.

Pediatrician

Similar to a general practitioner or family doctor, pediatricians work with infants, children, and teenagers.

Urologist

Remember that men do not go to a gynecologist. They go to the urologist for issues related to the urinary system and male reproductive organs.

Do you know how you can help me? You can share the podcast with your friends and family. Tell them to go to SpeakEnglishPodcast.com and get my free mini-course. That would mean a lot to me. Thanks.

Great! Let's continue with a mini-story.

Now, let's practice.

Mini-Story

Speaking Practice

Answer the questions aloud with short and quick responses. Repeat the Mini-Story several times to improve your speaking and listening.

Lisa was a 30-year-old woman who was afraid to go to the doctor. She had a doctor's phobia.

Was Lisa a doctor?
No. No. Lisa wasn't a doctor. She was afraid of going to the doctor.

Was she a little girl?

No. No. She wasn't a little girl. She was 30 years old. Did Lisa have claustrophobia?
No. No. Lisa wasn't afraid of being in small places and being unable to escape. She wasn't claustrophobic. She had a doctor's phobia. Lisa was afraid of going to the doctor.

But one day, Lisa decided to see a guru to treat her doctor's phobia.

Did Lisa finally see a doctor?
No. No. Lisa didn't see a doctor. She saw a guru.

Why did she see a guru? To treat some addiction that she had?

No. No. Lisa didn't have any addictions. She had a doctor's phobia. She was afraid of doctors.

The guru told her to start seeing a cardiologist, a dermatologist, a gynecologist, a neurologist, a dentist, an optometrist, and an orthopedic surgeon.

Did the guru prohibit Lisa from seeing a doctor?

No. No. The guru didn't prohibit Lisa anything. He told her to see many different types of doctors.

Did Lisa have to see a cardiologist?

Yes. Lisa had to see a cardiologist.

Did she see more than one type of doctor?

Yes. She saw many different types of doctors. She saw a cardiologist, a dermatologist, a gynecologist, a neurologist, a dentist, an optometrist, and an orthopedic surgeon.

Lisa was surprised by the guru's advice, but followed it immediately.

Was Lisa surprised?

Yes. She was surprised to hear the guru's advice.

Did she move to a different country?

No. No. Lisa didn't move to a different country.

What did Lisa do?

Lisa followed the guru's advice immediately.

After seeing so many physicians, Lisa cured her doctor's phobia and decided to become a doctor.

What happened to Lisa? Did she become even more afraid of doctors?

No. No. She cured her doctor's phobia. She didn't become even more afraid of doctors.

Did she want to become a guru?

No. No. She didn't want to become a guru. Lisa wanted to become a doctor.

Thanks for listening, and I'll see you in the next episode.

Review

Vocabulary from This Episode

Review the most useful words and expressions before listening again.

01 Dermatologist
A doctor who treats problems involving the skin, hair, and nails.

02 Pediatrician
A doctor who cares for infants, children, and teenagers.

03 Cardiologist
A doctor who treats the heart and cardiovascular disease.

04 Orthopedic surgeon
A doctor who treats problems involving bones and the skeletal system.

05 Gynecologist
A doctor who specializes in the female reproductive system.

06 Obstetrician
A doctor whose work focuses on pregnancy and childbirth.

07 Urologist
A doctor who treats urinary problems and, in men, problems involving the reproductive system.

08 Neurologist / neurosurgeon
A neurologist treats diseases of the nerves; a neurosurgeon performs surgery on the brain and nervous system.

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