



**SpeakEnglishPodcast.com**

The **Podcast** That Will Help  
You **Speak** English Fluently.

With No Grammar and No Textbooks!

## **Episode #197**

Popular idioms in English

Get more lessons at: [SpeakEnglishPodcast.com](https://SpeakEnglishPodcast.com)

Hi, everyone! I am Georgiana, your English teacher and founder of [SpeakEnglishPodcast.com](http://SpeakEnglishPodcast.com). My mission is to help you speak English fluently with no grammar and no textbooks.

Today, let's learn some **popular idioms in English**.

And with a point of view lesson, you will **learn** grammar in context without memorizing any boring rules. I'll tell you the same story from different grammar points. I can change the tense or the person. And like that, you will **learn grammar in context**.

Please, visit [SpeakEnglishPodcast.com/podcast](http://SpeakEnglishPodcast.com/podcast) to get the **transcript**. It's free.

Ok. Let's get started!

**1. NO-BRAINER:** this is basically an easy decision. It's something that requires little or no mental effort.

**Example:**

"Do you think I should propose to my girlfriend?"

That's a **no-brainer**. She is such a fantastic woman!"

**2. SIT ON THE FENCE:** staying neutral and not taking sides.

For example, if you have two friends and they have a fight, you will try not to take sides.

You'll **sit on the fence**.

**Example:**

"Don't you think I'm right? He hasn't been nice to me lately, has he?"

I'm sitting on the fence with this one; you're both my good friends."

**3. FREAK OUT:** to become very angry, scared, or excited.

**Example:**

"Mum, don't **freak out**! But I have to tell you something that I did last weekend. Tom and I got married!"

Get more lessons at: [SpeakEnglishPodcast.com](http://SpeakEnglishPodcast.com)

"Last week, my sister won the lottery, and she **freaked out** about it."

**4. BE A CATCH:** Telling someone that others would be lucky to have them around, or even marry them.

**Example:**

"Dad, I'm taking Jessica out tonight. **She is such a catch!**"

**5. COSTS AN ARM AND A LEG:** when something is very expensive.

**Examples:**

"My son wants a new computer for his birthday, but it'll **cost an arm and a leg!**"

"This new smartphone **cost me an arm and a leg.**"

**6. YOU ROCK:** it means that you are great.

**Example:**

"I can't believe you got the tickets for today's game. **You rock!**"

That's all for now; let's practice these expressions in the next section.

By the way, if you want to know how to **speak English** using the right techniques, visit [SpeakEnglishPodcast.com](http://SpeakEnglishPodcast.com) and subscribe to my mailing list. **I will send you my 5 golden rules to speak English fluently. And it's completely free!**

Now let's learn some English grammar in context with a point of view lesson.

## Point of View Story

(learn grammar in context)

Get more lessons at: [SpeakEnglishPodcast.com](http://SpeakEnglishPodcast.com)

I'll tell you a short story more than one time. Every time, I'll change a grammar point. I can change the tense or the person. This way, you'll notice the changes in context.

Let's start!

On our way to the supermarket, my husband and I stopped in front of a lottery booth. I love playing the lottery. It's a "**no-brainer**" for me to buy one ticket a week: someone has to win! Besides, it doesn't "**cost an arm and a leg**". It's only a few dollars.

My husband, however, is indifferent to it. Let's just say he "**sits on the fence**" for this sort of thing. He doesn't care. I take the opportunity to buy a ticket, even though my husband tells me that "we're **throwing money away**." Then we head to the supermarket, do the shopping and go home.

During dinner, I turn on the television. They are reporting on the lottery. They call out the winning number, I pull out my ticket and it's the same number! We both jump for joy and "freak out." In a burst of emotion, my husband says, "I love you! **You rock!**". And I tell him, while winking at him, "**I'm a real catch**, huh".

### **Let's hear the same story but from the husband's point of view.**

On our way to the supermarket, my wife and I stop in front of a lottery booth. She loves to play the lottery. For her it's a "**no-brainer**" to buy one ticket a week: someone has to win! Besides, it doesn't "**cost an arm and a leg**". It's only a few dollars.

However, I'm indifferent. Let's just say I "**sit on the fence**" for this sort of thing. I don't care. So my wife takes the opportunity to buy a ticket, even though I tell her "**we're throwing money**

Get more lessons at: [SpeakEnglishPodcast.com](http://SpeakEnglishPodcast.com)

**away.**" Then we head to the supermarket, do the shopping and go home.

During dinner, I turn on the TV. They are reporting on the lottery. They call out the winning number, so my wife pulls out the ticket, and it's the same number! We both jump for joy and we are "freaking out". In a burst of emotion, I tell my wife, "I love you! **You rock!**" And she replies, winking at me: "**I'm a real catch, huh**".

**Let's hear one more time the story but from a friend's point of view.**

On the way to the supermarket, my friend and her husband stopped in front of a lottery booth. She loves to play the lottery. For her, it's a "**no-brainer**" to buy one ticket a week: someone has to win! Besides, it doesn't "**cost an arm and a leg**". It's only a few dollars.

Her husband, however, is indifferent. Let's just say he "**sits on the fence**" for this sort of thing. He doesn't care. So my friend takes the opportunity to buy a ticket, even though her husband tells her that "**they are throwing money away.**" Then they head to the supermarket, do the shopping and go home.

During dinner, they turn on the television. They are reporting on the lottery. They call out the winning number, so my friend pulls out the ticket, and it's the same number! They both jump for joy and "**freak out.**" Her husband says to my friend, "I love you! **You rock!**" in a burst of emotion. And she replies, winking at him, "**I'm a real catch, huh.**"

Ok, it's the end of this short lesson. As you can see, just by changing the point of view of the story, you can **learn grammar in context.**

It is one of the techniques that I use in my [premium courses](#). I recommend you to take a look at:

Get more lessons at: [SpeakEnglishPodcast.com](http://SpeakEnglishPodcast.com)

[SpeakEnglishPodcast.com/courses](https://speakenglishpodcast.com/courses)

Ok, we have reached the end of this episode. Remember to listen to it several times. It will help with your English.

See you soon! Bye! Bye!



*Georgiana*

Founder of [SpeakEnglishPodcast.com](https://speakenglishpodcast.com)

Get more lessons at: [SpeakEnglishPodcast.com](https://speakenglishpodcast.com)