



SpeakEnglishPodcast.com

The **Podcast** That Will Help You **Speak** English Fluently.
With No Grammar and No Textbooks!

Episode #201

Virtues in English

Loyalty, Wisdom, Serenity, Resilience

Get more lessons at: SpeakEnglishPodcast.com

Hi, everybody! I am Georgiana, your English teacher and founder of [SpeakEnglishPodcast.com](https://speakenglishpodcast.com). My mission is to help you speak English fluently.

In this episode, you will learn **vocabulary related to virtues** with examples. In the second part, you will practice grammar with a point of view lesson without memorizing any boring rules.

Before getting started, visit my website [SpeakEnglishPodcast.com](https://speakenglishpodcast.com) and get the transcript for free.

Okay. First of all, what is a **virtue**? Thanks for asking. A **virtue** is a **positive characteristic** of a person. Usually, someone's virtues have a positive impact on others. Yes, I know that sometimes it's hard to find virtues in some people, but if you look carefully, you will find them.

Sometimes the word "quality" is also used to say the same thing. The opposite of virtue would **defect**, which logically is negative. It's the undesirable aspect of a person.

Sometimes people confuse **virtue** with ability. They are not precisely the same. A virtue is part of someone's personality, and that helps differentiate them from other people. For example, one person may be wise, and another may not. On the other hand, someone may have the ability to play an instrument, be organized, etc.

Okay, let's look at some of these virtues. There are so many, and I had to make a selection. I think it's quite useful vocabulary. Let's look at the first one:

#1 Loyalty

Loyalty implies being faithful to something or someone. You can be loyal to a cause, an idea, etc. You can also be loyal to a friend, for example. It conveys the idea of support.

Let's look at an **example**:

"Philip is a very **loyal** person. Even though the company was going through hard times, he did not leave and stayed until the end."

Loyalty is easy when things are going well but more difficult when there are problems. For example, many people are **disloyal** when they can no longer benefit from a situation.

#2 Wisdom

Wisdom is known as being prudent and having good judgment. The latter, good judgment, means that after analysis and reflection, good decisions are made. In other words, a wise person does not make strange or crazy decisions. It has a lot to do with maturity.

Example:

"My friend is not **wise** (**unwise**) because he never fastens his seat belt when he drives."

#3 Serenity

What a lovely word, right? A **serene** person is someone who remains calm when facing problems. It is a calm attitude towards life. Please do not confuse it with an unaware person, someone who ignores problems. A **serene** person usually faces problems, but their attitude is relatively relaxed. I like to talk to people who have this virtue because they give you quite a lot of peace.

Here's an **example**:

"Daniel is a **serene** person. He hardly gets upset about anything."

Let's look at the next one:

#4 Resilience

This word became very fashionable in the environment of psychology and even business. In essence, **resilience** is the ability to face adversity and recover quickly. It involves adaptation, flexibility, and certain confidence to move forward.

Example:

"I admire Monica because of her **resilience**. It turns out that she lost her job two weeks ago, but she is already training to adapt to the needs of today's job market."

That's all for today. :)

By the way, if you want to know how to **speak English** using the right techniques, visit SpeakEnglishPodcast.com and subscribe to my mailing list. **I will send you my five golden rules to speak English fluently. And it's completely free.**

Ok! Now it's time for you to learn grammar in context with a point of view story.

Point of View Story

(learn grammar in context)

I'll tell you a short story more than one time. Every time, I'll change a grammar point. I can change the tense or the person. This way, you'll notice the changes in context.

POINT of View 1. Past tense.

Tim and his wife Adele decided to have dinner at a fancy restaurant to celebrate their anniversary. They made a reservation over the phone and headed to the restaurant. They entered, and a waiter escorted them to a table. The couple looked at the menu, and Tim ordered soup for the first course and rare steak for the second. Adele ordered salad and fish. The waiter served them the first course. When the waiter left, Tim noticed something floating in the soup. It was a fly. Tim got angry, and his wife said he could tell the waiter, but Tim said he didn't want to bother the waiter because he seemed too busy and that it was just a fly. So Tim

Get more lessons at: SpeakEnglishPodcast.com

spooned the fly away and changed the subject but continued to be upset throughout the evening.

POINT of View 2. Present tense.

Tim and his wife Adele decide to have dinner at a fancy restaurant to celebrate their anniversary. So they make a reservation over the phone and head to the restaurant. They enter the restaurant, and the waiter escorts them to a table. The couple consults the menu, and Tim orders soup for the first course and rare steak for the second. Adele orders salad and fish. The waiter serves them the first course. But when the waiter leaves, Tim notices something floating in the soup. It is a fly. So Tim calls the waiter over and calmly explains what has happened. Tim is polite but also firm. The waiter apologizes and brings him another soup. The restaurant owner, who sees what happens, approaches the table and, after apologizing, tells the couple that they won't have to pay anything; it's on the house.

Ok, it's the end of this short lesson. As you can see, just by changing the point of view of the story, you can **learn grammar in context**.

It is one of the techniques that I use in my [premium courses](#).

I recommend you to you take a look at:
[SpeakEnglishPodcast.com/courses](https://speakenglishpodcast.com/courses)

Ok! We have reached the end of this episode.

Remember to listen to it several times. It will help you with your English.

Do you know how you can help me? You can share the podcast with your friends and family. Tell them to go to [SpeakEnglishPodcast.com](https://speakenglishpodcast.com) and get my free mini-course.

That would mean a lot to me. Thanks.

See you soon! Bye! Bye!

Get more lessons at: [SpeakEnglishPodcast.com](https://speakenglishpodcast.com)



Georgiana

founder of SpeakEnglishPodcast.com

Get more lessons at: SpeakEnglishPodcast.com