EPISODE 215

What to Bring to the Beach

Full transcript · point of view · vocabulary review

Hi, I am Georgiana, your English teacher and founder of SpeakEnglishPodcast.com. My mission is to help you to speak English fluently.

- I'm talking about what items you need to take to the **beach**.

- And with a unique point-of-view story, you will practice grammar without memorizing any boring rules.

Ok. Let's start!

It's already June. And with June comes summer and good weather. One of my favorite activities during the summer is going to the **beach**.

I go to the **beach** usually in the mornings when there are not many people. I find that midday is too hot, and the sun's rays really burn the skin, but some people love that.

Today I want to talk about what to take to the beach. This way you will practice the specific vocabulary on the subject and, of course, you will be the most prepared on the beach.

#1 Swimsuit

The most important thing is wearing a **swimsuit**. A swimsuit is a piece of clothing people wear for swimming, especially women and girls.

Men on the other hand wear swimming trunks. They are often made from light, fast-drying materials like nylon or polyester.

#2 Towel

You may want to dry yourself when you get out of the water. Therefore, you need a **towel**. But the beach towel is not only for drying yourself. You can spread it out on the sand and lie down. So, you can sunbathe and get a tan. That's why beach towels are usually extra-large.

#3 Sunscreen

In summer, the sun hits hard. Its intensity is high, especially in the central hours of the day. To enjoy the sun without being harmed, wear good **sunscreen**. Sometimes it is also called a sunblock. It is usually a cream applied to the skin and absorbed little by little.

#4 Sunglasses

Not only do you have to protect your skin, but also your eyes. You know that in summer, the sun is very intense. So, it is essential to wear a good pair of **sunglasses**.

#5 Hat or cap

Although I don't usually wear a **hat or cap**, I think it's a good idea to wear it to protect your head in the middle hours of the sun. If I had to choose, I would prefer a cap, as you can store it better anywhere.

#6 Beach Air mattress.

Imagine you want to have something that floats and also be able to lie down in the water. This is the perfect solution: a beach **air mattress**.

There are plenty of things to take to the beach, and in the next episode, we will continue talking about this topic.

Now, let's practice.

Point of View

Grammar in Context

Read the same story from different points of view and notice how the grammar changes naturally.

First version

Past Tense - Third Person

Kevin liked going to the beach very much, but he lived far away from the sea.

In the middle of June, he planned to go to the beach. So he drove all night to get there.

He was exhausted but happy to see the beautiful beach.

When he arrived, he looked for a good spot on the sand near the water.

Since he had his swimming trunks, he didn't have to change. He spread out a giant towel. At that moment, he realized he hadn't brought sunscreen.

-What bad luck! -he thought. He didn't think much of it and started to inflate the air mattress by blowing and blowing. He almost passed out, but in the end, he managed to inflate it completely.

He put on his sunglasses, got into the water with the air mattress, and lay down on it. As he was exhausted, he fell asleep within two minutes.

Hours and hours passed, and he was still asleep. He dreamed of mermaids. Finally, he woke up. He saw the coast, but it was different.

When he got to the beach, he asked where he was; someone answered him -Hawaii! -.

He had traveled hundreds of miles on the air mattress when he was asleep! Besides, since he hadn't put on sunscreen, he sunburned.

- Next time," he thought, "I'll buy an anchor, so this won't happen to me again.

Second version

Kevin's Point of View

Hi! I'm Kevin, and I love the beach, even though I live far away from the sea.

In the middle of June I plan to go to the beach. So I drive all night to get there.

I'm exhausted but happy to see the beautiful beach.

When I arrive, I look for a good spot on the sand near the water.

Since I have my swimming trunks on, I don't have to change. I spread out a giant towel. At that moment, I realized that I didn't **bring** sunscreen.

"What bad luck!" I think to myself. I don't think too much of it and start inflating the air mattress by blowing and blowing. I almost pass out, but in the end, I manage to inflate it completely.

I put on my sunglasses, which fit me very well and go into the water with the air mattress. I lie down on it. As I'm exhausted, I fall asleep within two minutes.

Hours and hours go by, and I'm still asleep. I dream of mermaids. Finally, I wake up. I see the coast, but it's different.

When I get to the beach, I ask where I am. Someone answers me, "Hawaii!".

I have traveled hundreds of miles on the air mattress in my sleep! Besides, as I hadn't applied sunscreen, I sunburned! Next time, I think, I'll buy an anchor, so this won't happen to me again.

Thanks for listening, and I'll see you in the next episode.

Review

Vocabulary from This Episode

Review the most useful words and expressions before listening again.

01 swimsuit clothing designed for swimming.	**05 hat or cap** headwear used for shade and sun protection.
02 towel a piece of absorbent cloth used for drying.	**06 air mattress** an inflatable mattress used for floating or resting.
03 sunscreen a lotion that protects skin from the sun.	**07 beach bag** a large bag used to carry things to the beach.
04 sunglasses glasses that protect the eyes from bright sunlight.	**08 shore** the land along the edge of the sea or a lake.

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