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## Episode #095

American vs. British

Vocabulary Differences (part 3)

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Hi! I am very happy today because I have a huge announcement! A **new course** is now available to help you with your pronunciation.

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I repeat: [PronunciationCourse.com](https://www.pronunciationcourse.com)

Two weeks ago, we started with a series of **vocabulary differences between American and British English**. Today we will continue this series, although we'll focus on food vocabulary differences.

And with a point of view story, you're gonna compare the different grammar points. It's **the perfect way to learn grammar and new vocabulary without memorizing**.

Ok! Let's start!

### 1) **Zucchini**

Maybe you aren't familiar with this word.

It's a long, thin vegetable with dark green skin. It looks similar to a cucumber, but it's larger, and we don't eat it in a salad.

Yes. I'm talking about a vegetable called **zucchini**. I love zucchini noodles and zucchini soup! You should try that out because it's simply delicious!

In the United Kingdom, people use the word **courgette**, which comes from French.

American-**zucchini**

British- **courgette**

2) I'm sure you know the meaning of the following word.

I'm talking about the word **cookie**. Everybody loves chocolate cookies!

But do you know the meaning of the word **biscuit**?

That's right. **Biscuit** has the same meaning as "cookie," though it's used in the UK.

American-**cookie**

British- **biscuit**

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3) There's a purple vegetable, similar to an egg. Can you guess?

Exactly! An **eggplant**!

What do you think? Personally, I don't think eggplants look like an egg.

In British it's called **aubergine**. It sounds funny because it's also a word that comes from French.

American-**eggplant**

British- **aubergine**

4) Have you ever heard of **jacket potatoes**?

No. It's not a potato that's wearing a jacket.

In American English, we call them **baked potatoes**, but in British, it's called **jacket potato**.

Therefore, **baked or jacket potatoes** are usually well cooked, so they have a fluffy interior and a crisp skin.

American-**baked potatoes**

British- **jacket potato**.

5) And even though I love baked potatoes, I also eat **fries** from time to time.

Do you know what they call them in the UK?

Yep, in the UK, they're called **chips**.

American-**french fries/ fries**

British-**chips**

6) Let's see if you can guess this one.

It's one of the most popular plants in the States.

It's a tall vegetable with yellow and white seeds. We often cook the seeds or made them into flour or feed them to animals.

Yes. The correct word is **corn or maize**. The word **maze** is used in the UK.

American-**corn**

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British- **maize**

7) Try guessing the next word. It's also straightforward:

Think of sweet food made of sugar or chocolate.

That's right! **Candy**.

In the UK, they call them **sweets**.

Candies come in all shapes and textures. They are made using sugar, chocolate, artificial, or natural sweeteners.

Sometimes we use sweeteners instead of sugar because they have fewer calories.

American-**candy**

British- **sweets**

8) And how about something sweet and icy?

Ice cream would be a perfect guess here though in this case, I was thinking about a **popsicle**.

A **popsicle** is a refreshing dessert that is often made out of frozen fruit juice. I love preparing my own ice-cream at home, but I prefer sherbet instead of **popsicles**. Sherbet is an ice cream made of fruit. I buy frozen fruits like strawberries or raspberries and then mix them with yogurt - you have to try it! It's delicious, refreshing, and very healthy.

In British English, they call it "**ice lolly**,"

American-**popsicle**

British- **ice lolly**

9) The last word is also a delicious dessert. It is very popular nowadays, and almost anyone can prepare it.

I was talking about a **cupcake**.

A **cupcake** is very similar to a muffin, but it is always sweet and often covered with frosting.

Muffins, on the other hand, are generally considered healthier than

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cupcakes. They are usually made with whole wheat flour and loaded with fruit.

I prefer muffins over cupcakes because I find them healthier.

In British English, they are called "**fairy cake.**"

American-**cupcake**

British- **fairy cake**

## Point of View

(practice your grammar)

This kind of story **will help you to improve your English grammar.** It's very simple. I tell you the same story more than once. Every time I change a grammatical aspect. So, you can see how grammar changes, and you can compare. You just have to listen.

**Let's listen to the story from Jack's point of view in the past tense:**

When I was 8, my mom threw me a birthday party and invited my friends.

She was very worried about what I ate, so she prepared a healthy meal for the party as well.

We kids love to eat **fries** and all kinds of unhealthy snacks, but instead, my mom made a dish of **baked potatoes** with **eggplants** and **zucchini**.

I asked her the day before to bake some **cupcakes or some cookies**, although she figured it would be better if my friends and I ate some blueberry muffins instead.

And yes, the party was a disaster. I became upset because my friends wanted to leave.

Fortunately, my mother was always resourceful, so she had made some orange **popsicles**.

Everyone loves her orange popsicles. I don't know why exactly.

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Apparently, she makes them with freshly squeezed organic oranges.

**Let's listen to the story from Jack's mother point of view in the past tense:**

When my son Jack was 8, I threw him a birthday party and invited his friends.

I was very worried about what he ate, so I prepared a healthy meal for the party as well.

Kids love to eat **fries** and all kinds of unhealthy snacks, but instead, I've made a dish of **baked potatoes** with **eggplants** and **zucchini**.

My son asked me the day before to bake some **cupcakes or some cookies**, although I figured it would be better if he and his friends ate some blueberry muffins instead.

And yes, the party was a disaster. My son was upset because his friends wanted to leave.

Fortunately, I'm a resourceful mother, so I had made some orange **popsicles**.

Everyone loves my orange popsicles. Do you know why? I make them with freshly squeezed organic oranges.

Great! I like these kinds of stories because they're easy to remember and help a lot with learning English. Humor also makes learning more enjoyable.

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Well, that's it for today!

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I'll be back next week!

Take care! Bye! Bye!



*Georgiana*

founder of [SpeakEnglishPodcast.com](https://SpeakEnglishPodcast.com)

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