

DAY #5

RULE #4

Listen to lots of clear English.

Use the Question & Answer technique.

Now you know how to learn English better.

You have simple tools and techniques that really work.

You are ready to take control of your learning.

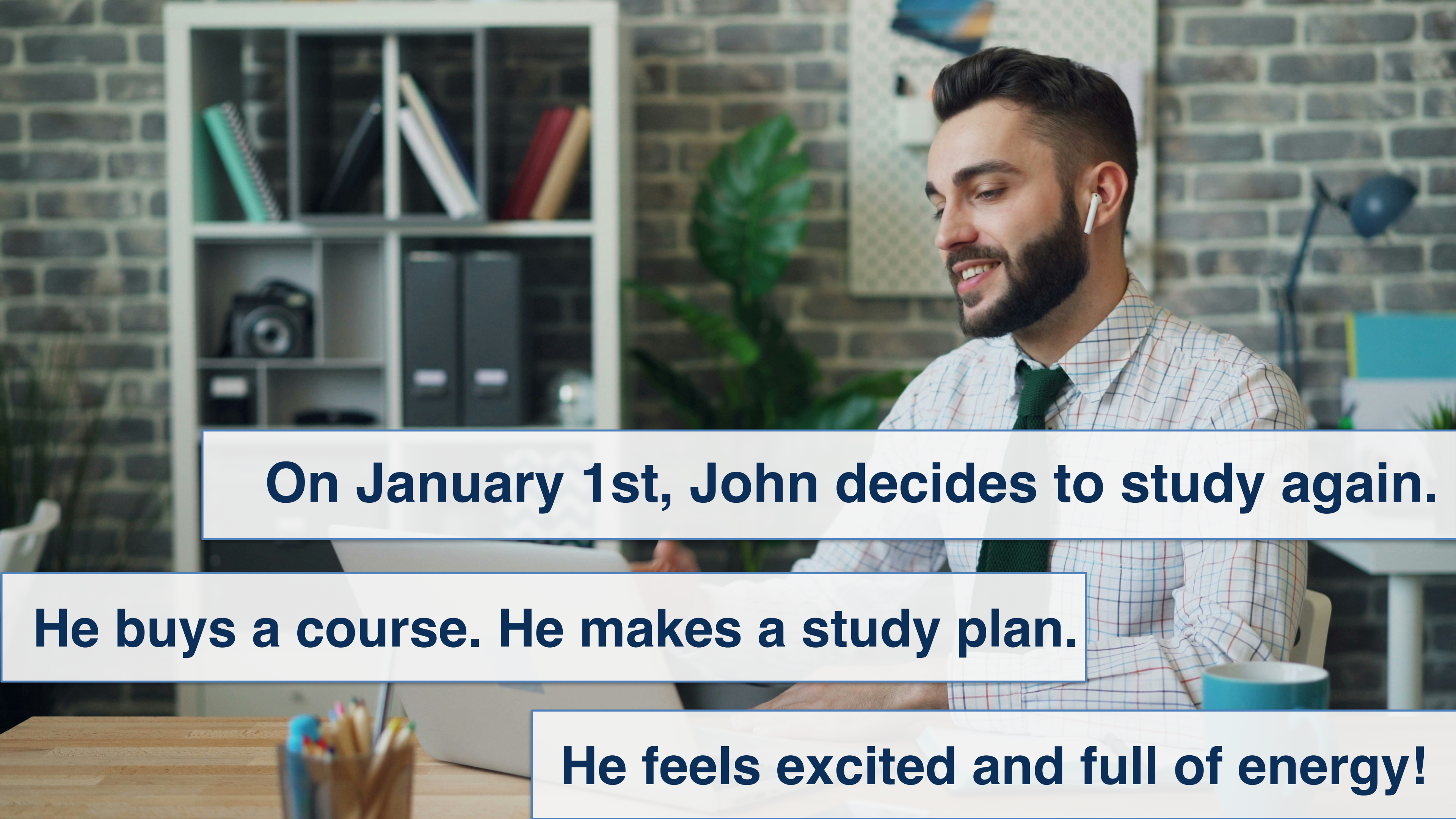
How to Stay Motivated

A man with dark hair and a beard, wearing a light-colored checkered shirt and a dark green tie, is sitting at a wooden desk. He is looking down and to his right with a slight smile. The background features a grey brick wall, a white shelving unit with various items, a potted plant, and a desk lamp. The scene is well-lit and appears to be a professional or creative workspace.

John is a normal guy.

He studied some English in school.

He knows English is important for his future.



On January 1st, John decides to study again.

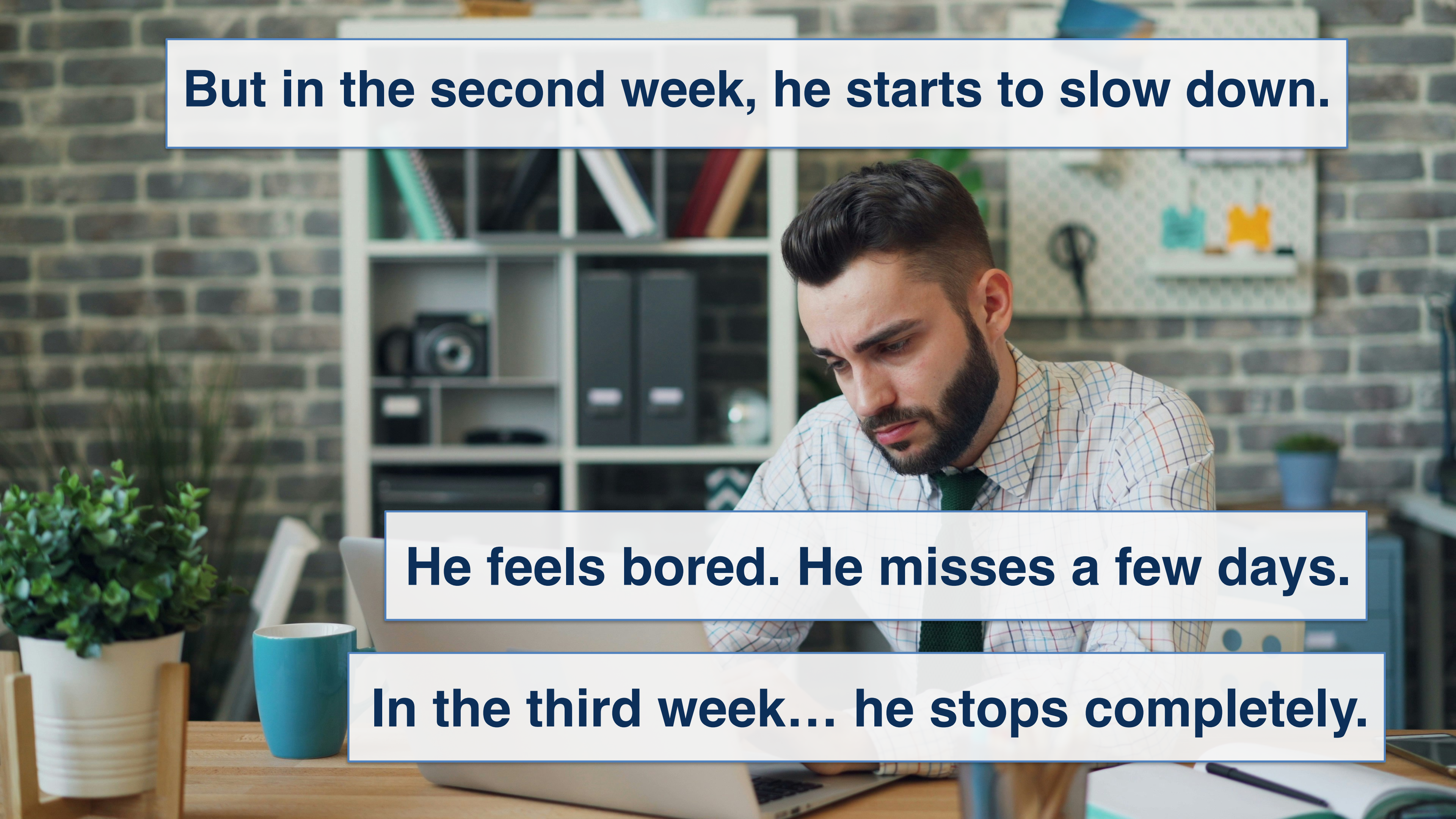
He buys a course. He makes a study plan.

He feels excited and full of energy!

In the first week, he studies every day.

He feels great!





But in the second week, he starts to slow down.

He feels bored. He misses a few days.

In the third week... he stops completely.

A man with a beard and dark hair, wearing a light-colored checkered shirt and a dark green tie, is sitting at a wooden desk in a modern office. He is holding a silver smartphone to his ear with his right hand and looking down at a laptop screen. The office has a grey brick wall, a white shelving unit with books and a camera, a large green plant, and a desk lamp. A teal mug is on the desk to the left of the laptop.

He says, “I’ll start again in the summer.”

But... he never does.

This happens to many people:

With diets, exercise...

and English!

Why do we stop?

We start with energy and big goals.

But then we lose motivation.

And we quit.



How to stay motivated?

Find a peer group.

**That means: find a small group
of people like you!)**

A peer group is a group of learners

who have the same goal—like learning English.



When you learn in a group:

- ✓ You help each other.
- ✓ You ask questions.
- ✓ You share ideas.
- ✓ You see others improve.

That gives you hope and inspiration.

It feels good to know:

“I am not alone.”

At Speak English Now,

we have a free private group for students.

You can join, ask questions, share thoughts,

and meet other learners like you.

RULE #5

Find a peer group or community.

**If you are studying alone, try to find
friendly people with the same goal.**

You will feel more motivated.

You will notice the difference!

RULE #1

**Always learn
vocabulary in context.**

RULE #2

Don't study grammar rules.

Use the Point of View technique.

RULE #3

Learn by Repetition

That's how you learn deeply!

RULE #4

Listen to lots of clear English.

Use the Question & Answer technique.

Find a peer group or community.



What's next?

Now you have 5 powerful rules.

If you follow them, you will improve quickly.

**You can speak English comfortably
and fluently in months—not years.**

I created my Premium Courses using these 5 rules:



The lessons are easy, fun, and powerful.

✓ Interesting stories

✓ Point of View lessons

✓ Question and Answer lessons

✓ Audio recorded by me

You will love 🎧 listening to them many times!

You can get all of this at a great price.



Visit: SpeakEnglishPodcast.com/courses

You can start learning today!